

# Helpful Breastfeeding Supplies



**The Symphony Breast Pump** is ideal for long-term and frequent pumping needs. Double pumping cuts pumping time in half, ideal for working mothers. The Symphony Breast Pump can be rented from Halifax Health - Center for Women and Infant Health.

- › Store and freeze breast milk
- › Increase milk supply
- › Relieve engorgement



## Pump In Style Breast Pump

for today's active and working mother.

A pump that is portable and discreet. Includes cooler compartment to chill breast milk.



**Breast Shells** for flat or inverted nipples.



## Tender Care

All-natural hypoallergenic, 100% pure modified lanolin for sore nipples.



## Maternity/Nursing Bras

by Medela and Bravado.

- › Soft cup bra
- › Underwire bra
- › Sports bras



**HALIFAX HEALTH**  
 CENTER FOR WOMEN  
 & INFANT HEALTH